Dr. Thomai Lazou, Assistant Professor at the School of Veterinary Medicine, Aristotle University of Thessaloniki (AUTH) since 2022, is a veterinarian with a Master's degree in Food Regulatory Affairs (University of Ulster), a PhD in Food Hygiene of Foods of Animal Origin (AUTH), and a diplomate of the European College of Veterinary Public Health (ECVPH) in the subspecialty of Food Safety. She has extensive professional experience as a lead analyst in an accredited food and water microbiology laboratory, and as a lead auditor for Food Safety Management Systems (FSMS). Her research interests focus on the study of the prevalence of foodborne pathogens and hygiene indicators in the food chain from "farm to fork" using classical and molecular microbiological methods, as well as the antibiotic resistance of foodborne pathogens, and the hygiene (safety, suitability, shelf life) of foods of animal origin (meat, milk, and fish products).