



CURRICULUM VITAE & DESCRIPTION OF PROFESSIONAL CAREER

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GENERAL INFORMATIONS

Curriculum vitae and scientific career

- Since December 1999 Full time professor at Aristotle University Thessaloniki, Department of Physical Education and Sport Science-Serres (Hellas).
- Professorship for *Sportpedagogy*
- Since September 2004 Aristotle University Thessaloniki, Department of Physical Education and Sport Science-Serres (Hellas).
- Academic activity as supervisor and/or member of Master/Doctoral Supervision Committee within the framework of the national master/doctoral 's degree program "KINESIOLOGY".
- Since Winter Semester 2007-08 Aristotle University Thessaloniki, Department of Physical Education and Sport Science-Serres (Hellas).
- Co-lecturer in the master's program "KINESIOLOGY", in the course "Sport Psychology", with a focus on "Morality in Sport".
- Since October 2017 International Olympic Academy (IOA) - University of Peloponnesus, Department of Sports Organization and Management (Hellas).
- Guest lecturer, supervisor and/or member of Master Supervision Committee in the international Master's program "OLYMPIC STUDIES, OLYMPIC EDUCATION, ORGANIZATION AND MANAGEMENT OF OLYMPIC EVENTS".

Teaching subject: *“Olympic Pedagogy I: Development and implementation of Olympic education programs in school”*, with the focus on

- Teaching Values: An Olympic education toolkit,
- Social competence and Olympic education programs,
- Supporting students’ socio-moral development through physical education/sport,
- Olympic values education in practice: Approach “Teaching Personal and Social Responsibility” (Donald Hellison).

Summer Semester
2018-19

Weingarten University of Education (Germany).

Lecturer in Educational Psychology, with the focus on "Understanding and Promoting Learning Behavior and Motivation in Pupils".

10.2014-02.2018

Aristotle University Thessaloniki, Department of Physical Education and Sport Science-Serres (Hellas).

Lecturer in the Master's program "KINESIOLOGY", with the focus on "Statistics".

Summer Semester
2013-14 until 2018-19

Aristotle University Thessaloniki, Department of Physical Education and Sport Science (Hellas).

Lecturer, Supervisor and/or member of Master Supervision Committee in Inter University Graduate Program "HUMAN PERFORMANCE AND HEALTH", with the focus on:

- Themes of social and moral development in physical education,
- Psycho-pedagogical foundations,
- Pedagogy of physical education,
- Physical education in the preschool age,
- Physical education in the school age.

- 1989-2000 Aristotle University Thessaloniki (Hellas).
Diploma studies (graduated on 28/03/2000) at the
Faculty of Philosophy, Department of Psychology.
- 1990-1995: German Sport University Cologne, Institute for Music,
and Dance Pedagogy.
a. Doctoral studies. Dissertation: "Greek Dances in Music
and Dance Pedagogy. A music- and dance-therapeutic
study".
b. Participation in the specification on body theater.
- 1991-1993: German Sport University Cologne.
PhD scholarship (Gratuierte Förderung Nordrhein
Westfalen-Gr FG NW).
- 1989-1990: Guest student at the German Sport University Cologne.
- 1984-1988: Aristotle University Thessaloniki (Hellas).
Diploma studies (Graduation on 10-11-1988) at the
Department of Physical Education and Sport Science.
- 1984: Lyceum Thessaloniki (Hellas).
Abitur.

Reviewer for international/national journals

- Athletic Insight
- European Psychologist
- European Physical Education Review
- Hellenic Journal of Psychology
- Sport Sociology
- Sport in Society
- Perceptual and Motor Skills (Consulting Reader for 2008)
- Psychological Reports (Consulting Reader for 2008)
- Journal of Physical Activity, Nutrition, & Rehabilitation
- Journal of Research in Education and Training Department of Early Childhood Education
- Hellenic Journal of Physical Education & Sport
- Αθλητική Ψυχολογία [Sportpsychology]
- Επιστημονικό Βήμα [Scientific Step]

List of the most important and completed educational research projects

- 18.09.2018-31.08.2020 “Implementation of Exercise and Leisure Programs and Operation of Sport Facilities” [Εφαρμογή Προγραμμάτων Άσκησης και Αναψυχής και Λειτουργία Αθλητικών Εγκαταστάσεων] (applied for and approved by the Research Committee of the Aristotle University Thessaloniki, code 97358).
- 31.01.2005-30.06.2009 “Training of teachers in the use of information and communication technologies in education” [Επιμόρφωση εκπαιδευτικών στην αξιοποίηση των τεχνολογιών πληροφορίας και επικοινωνιών στην εκπαίδευση] (applied for and approved by the Research Committee of the Aristotle University Thessaloniki, code 77410).
- 01.03.2010-31.08.2015 “Implementation of planned skills certification in information and communication technologies of A-level and planned and approved certifications of B-level teachers” [Υλοποίηση προγραμματισμένων πιστοποιήσεων δεξιοτήτων στις τεχνολογίες πληροφορίας και επικοινωνιών Α-επιπέδου και προγραμματισμένων και εγκεκριμένων πιστοποιήσεων εκπαιδευτικών Β επιπέδου] (applied for and approved by the Research Committee of the Aristotle University Thessaloniki, code 85764).

SCIENTIFIC PUBLICATIONS

I. Book/Chapters in books

- [1] Lind, Georg (2018). *Moralerziehung auf den Punkt gebracht* (K. Mouratidou, Transl. into Greek). Athen: Gutenberg. (Original work published 2017)
- [2] Μουρατίδου, Κ. (2015). Φύλο και φυσική αγωγή. Θέματα διδασκαλίας, μάθησης και υποστήριξης της ισότητας των δύο φύλων στα πλαίσια της εκπαίδευσης [Gender and physical education. Issues of teaching, learning and supporting gender equality in education]. In: Κ. Μπίκος & Ε. Ταρατόρη (Eds.) *Μελετήματα και ερωτήματα της Παιδαγωγικής επιστήμης [Studies and questions of pedagogical science]* (pp. 411-421). Thessaloniki: Αφοι Κυριακίδη
- [3] Mouratidou, K. (2013). Promoting students' moral education through physical education. In: E. Nowak, D. Schrader & B. Zizek (eds.) *Educating competencies for democracy* (pp. 233 - 248). New York: Peter Lang
- [4] Mouratidou, K. (2010). Supporting students' moral development through physical education. In: R. V. Nata (Ed.) *Progress in Education, Volume 18* (pp. 99-117). New York: Nova Science Publishers
- [5] Lind, Georg (2009). *Moral ist lehrbar. Handbuch zur Theorie und Praxis moralischer und demokratischer Bildung* (K. Mouratidou, Transl. into Greek). Thessaloniki: Αφοι Κυριακίδη. (Original work published 2003)
- [6] Mouratidou, K. (1998). Tanztherapeutische Elemente und Rituale im antiken und heutigen Griechenland. In K. Hoermann (Ed.), *Tanztherapie - Trancekulturelle Perspektiven, Jahrbuch fuer transkulturelle Medizin und Psychotherapie* (pp. 153-162). Berlin: Wissenschaft und Bildung
- [7] W. Decker, W., Dolianitis, G. & Lennartz, K. (1997). *100 Jahre Olympische Spiele. Die griechische Herkunft* (Ch. Tzorbatzoudis, & K. Mouratidou, Transl. into Greek). Thessaloniki: Οργανισμός Πολιτιστικής Πρωτεύουσας της Ευρώπης. (Original work published 1996)

- [8] **Mouratidou, K. (1995).** *Griechische Tänze. Eine historische und tanzpsychologische exemplarische Studie.* Köln: Sport und Buch Strauß (ISBN 3-89001-039-3).

II. Journals (peer reviewed)

- [1] Bronikowska, M., **Mouratidou, K.**, Khorkova, M., & Bronikowski, M. (2023). Moral competence, dilemma discussion, and sports: unraveling the significance of framework, competitive level, and sporting experience. *Physical Education of Students*, 27(6), 303-312.
- [2] **Mouratidou, K.**, Ourda, D., Kentroti-Lavva, E., Parisi, I. & Karamavrou, S. (2023). Demographic characteristics as determinants of toddlers' physical and social spontaneity in kindergarten. *Early Child Development and Care*, 193(4), 477-490.
- [3] **Mouratidou, K.**, & Grassinger, R., Lytrosygouni, E. & Ourda, D. (2022). Teaching style, motivational climate and physical education: an intervention program for enhancing students' intention for physical activity. *Physical Educator*, 79, 515–533.
- [4] Karatza, S., **Mouratidou, K.**, Koidou, E., Evaggelinou, Ch., & Parisi, I. (2021). Investigating the possible link between creativity, computer use and demographic characteristics of adolescent students (Διερεύνηση πιθανής σύνδεσης μεταξύ δημιουργικότητας και χρήσης Η/Υ καθώς και δημογραφικών χαρακτηριστικών εφήβων μαθητών/τριών). *Νέος Παιδαγωγός*, 22, 345-352. (in Greek)
- [5] Parisi, I., **Mouratidou, K.**, & Karatza, S. (2021). Creativity and Creative Dance: An Innovative Creative Thinking Program, with Practical Application in Art Schools. *Inquiries in Sport & Physical Education*, 19 (1), 1 – 16. (in Greek)
- [6] Karaoglanidis, D., **Mouratidou, A.**, Kanellopoulos P., Karamavrou S., & Parisi, I. (2020). Perceived autonomy, the motivation climate and intention for physical activity: A comparative study of students based on their gender and educational level. *Facta Universitatis Series: Physical Education and Sport*, 18(1), 25-36.
- [7] Karaoglanidis, D., **Mouratidou, K.**, Barkoukis, V., & Parisi, I. (2020). Perceived Autonomy in Physical Education: A Comparative Research Between Male and

- Female Primary Students of Greek and European Schools. *Inquiries in Sport & Physical Education*, 18 (1), 1 – 13. (in Greek)
- [8] **Mouratidou, K.**, Karamavrou, S., Karatza, S. & Schillinger, M. (2020). Aggressive and socially insecure behaviors in kindergarten and elementary school students: A comparative study concerning gender, age and geographical background of children in Northern Greece. *Social Psychology of Education*, 23(1), 259-277.
- [9] Parisi, I., **Mouratidou, K.**, Karatza, S., & Karaoglanidis, D. (2020). Contemporary Intervention Creativity Programs in Education, Physical Education and Sport Settings. *Inquiries in Sport & Physical Education*, 18(3), 197 – 212. (in Greek)
- [10] Parisi, I., **Mouratidou, K.**, & Patesi X. (2020). Empirical studies of emotional expression and emotional intervention programs, in education and sport settings. *Κινησιολογία*, 7(2), 58-83. (in Greek)
- [11] Parisi, I., **Mouratidou, K.**, & Karatza, S. (2020). Modern teaching techniques of creativity as educational innovation. *Νέος Παιδαγωγός online*, 17, 227-234. (in Greek)
- [12] Parisi, I., **Mouratidou, K.**, & Karatza, S. (2020). Creativity and institutional framework: The creative student. *Νέος Παιδαγωγός online*, 17, 379-386. (in Greek)
- [13] Patsi X., **Mouratidou, K.**, Parisi, I., Antoniou, P., & Ifantidou G. (2020). Smart phones and ways to incorporate them into the Physical Education class. *EducatioNext*, 3, 113-123. (in Greek)
- [14] Dimitropoulou, D., Evaggelinou, Ch., Kourtessis, T., **Mouratidou, K.**, Tsigilis, N., & Ellinoudis, T. (2019). Concurrent validity of the Movement Assessment Battery for Children Checklist-2: A Greek Population-Based Study. *European Psychomotricity Journal*, 11(1), 19-38.
- [15] **Mouratidou, K.**, & Barkoukis, V. (2018). Greek physical education teachers' gender biases in learning and teaching. *Physical Educator*, 75(2), 210-228.
- [16] **Mouratidou, K.** (2017). Determinants of athletes' moral competence: the role of demographic characteristics and sport-related perceptions. *Sport in Society*, 20(7), 802–815.
- [17] Ourda, D., Gregoriadis, A., **Mouratidou, K.**, Grouios, G., & Tsorbatzoudis, H. (2017). A motor creativity intervention in the Greek early childhood education

- settings: Effects on beliefs about health. *Journal of Early Childhood Education Research*, 6(1), 22–42.
- [18] Ourda, D., **Mouratidou, K.**, Grouios, G., & Tsorbatzoudis H. (2017). Changing beliefs about health in early elementary school years: effect of a motor creativity intervention. *ECPS - Educational Cultural and Psychological Studies*, 16, 19-34.
- [19] Tsartsapakis, I., Karaoglanidis, A., Koidou, E., Grouios, G., **Mouratidou K.** (2017). Body image and eating attitudes in females who participate in aerobic leisure activities [Εικόνα του σώματος και διατροφικές στάσεις γυναικών που συμμετέχουν σε αερόβιες δραστηριότητες αναψυχής]. *Διοίκηση Αθλητισμού & Αναψυχής*, 14(1), 17-32.
- [20] **Mouratidou, K.** (2016). Physical education in early education: An intervention program for reducing aggressive and social insecure behavior. *Journal of Research in Education and Training Department of Early Childhood Education*, 9(1), 1-22.
- [21] Karamavrou, S., **Mouratidou, K.**, Evaggelinou, Ch., Koidou, I., & Parisi, I. (2016). Moral competence, personality, and demographic characteristics: A comparative study. *Ethics in Progress*, 7(1), 136-151.
- [22] Parisi, I., **Mouratidou, K.** Koidou, E., Tsorbatzoudis H., & Karamavrou S. (2015). Effects of motivational climate, type of school and gender on students' moral competences in their daily life and physical education. *Trends in Sport Sciences*, 1(22), 39-46.
- [23] Barkoukis, V., & **Mouratidou, K.** (2015). Achievement goals and sportspersonship orientations in team sports: The moderating role of demographic characteristics. *Ethics in Progress*, 6(2), 74-92.
- [24] **Mouratidou, K.**, Barkoukis, V., & Rizos, St. (2012). Achievement goals and moral competence in sport: Examining the moderating role of demographic characteristics. *European Psychologist*, 17(1), 34-43.
- [25] Parisi, I., & **Mouratidou, K.** (2012). The effect of self-perception and motivational climate on student's moral competence in physical education. Empirical study in Artistic and Typical High Schools. *Κινησιολογία*, 65-66. (in Greek)

- [26] Doulkeridou, A., Evaggelinou, C., **Mouratidou, K.**, Koidou, E., Panagiotou, A., & Kudlacek, M. (2011). Attitudes of Greek physical education teachers towards inclusion of students with disabilities in physical education classes. *International Journal of Special Education*, 26(1), 1-11.
- [27] Arampatzi, A., **Mouratidou, K.**, Evaggelinou, C., Koidou, E., & Barkoukis, V. (2011). Social developmental parameters in primary schools: Inclusive settings' and gender differences on pupils' aggressive and social insecure behaviour and their attitudes towards disability. *International Journal of Special Education*, 26 (2), 58-69.
- [28] Papaioannou, C., **Mouratidou, K.**, Mouratidis, G., & Douka, S. (2011). Association of dance with sacred rituals in ancient Greece: The case of Eleusinian mysteries. *Studies in Physical Culture and Tourism*, 18(3), 233-239.
- [29] Papaioannou, C., **Mouratidou, K.**, Mouratidis, I., & Douka, St. (2009/2010). The role of women in the dance of the cult of Dionysus in ancient Greece. *Γυναίκα & Αθληση*, 7, 115-127. (in Greek)
- [30] Doulkeridou, A., Evaggelinou Chr., Koidou, E., **Mouratidou K.**, & Panagiotou, A. (2010). Attitudes of Physical Educators and of Olympic Education Teachers regarding the inclusion of students with disabilities in Physical Education. *Θέματα Ειδικής Αγωγής*, 48, 29-44. (in Greek)
- [31] Chatzopoulos, D., Varsamis, P., **Mouratidou, K.**, & Mitrotassios, M. (2008). Ein alternativer Test zur Messung der Gehfähigkeit von Körperbehinderten. *Gesundheitssport und Sporttherapie*, 24, 1-5.
- [32] **Mouratidou, K.**, Chatzopoulos, D., & Karamavrou, S. (2008). Validity study of the Moral Judgment Test in Physical Education: Development and preliminary validation. *Perceptual and Motor Skills*, 106, 51-62.
- [33] Panagiotou, A., Evaggelinou Chr., Doulkeridou, A., **Mouratidou K.**, & Koidou E. (2008). Attitudes of 5th and 6th grade Greek students toward the inclusion of children with disabilities in physical education classes after a Paralympic education program. *European Journal of Adapted Physical Activity*, 1(2), 31-43.
- [34] Panagiotou, A., Evaggelinou Chr., Doulkeridou, A., Koidou, E., & **Mouratidou K.** (2009). Evaluation of student's attitudes from conventional primary schools toward inclusion of children with disabilities in physical education after the

- implementation of a program. *Αναζητήσεις στη Φυσική Αγωγή & τον Αθλητισμό*, 7(2), 103 – 113. (in Greek)
- [35] **Mouratidou, K.**, Goutza, S., & Chatzopoulos, D. (2007). Physical education and moral development: An intervention programme to promote moral reasoning through physical education in high school students. *European Physical Education Review*, 13(1), 41-56.
- [36] **Mouratidou, K.**, Chatzopoulos, D., & Karamavrou, S. (2007). Moral development in sport context: Utopia or reality? *Hellenic Journal of Psychology*, 4, 163-184.
- [37] **Mouratidou, K.**, Barkoukis, V., Zahariadis, P., & Arampatzi, A. (2007). Evaluation of students' social ability: Greek version of checklists for aggressive behaviour and social insecurity in elementary education. *Social Psychology of Education*, 10, 495-508.
- [38] Chatzopoulos, D., **Mouratidou, K.**, Bournelli, P. & Tsorbatzoudis, Ch. (2006). Student grading: Views and behaviors of physical education teachers. *Φυσική Αγωγή και Αθλητισμός*, 62, 20-28. (in Greek)
- [39] Chatzopoulos, D., Michailidis, Ch., & **Mouratidou, K.** (2006). Comparison of two teaching methods of sport games in primary education. *Άθληση & Κοινωνία*, 43, 77-84. (in Greek)
- [40] **Mouratidou, K.**, Anastasiou, Ath., & Mouratidou, Ath. (2004). The Character of dance in ancient Greece through the conjectural arts. *Αθλητική Απόδοση & Υγεία*, IV(4), 253-263. (in Greek)
- [41] Chatzopoulos, D., & **Mouratidou, K.** (2004). Criteria for grading primary education's students in Physical Education. *Φυσική Αγωγή και Αθλητισμός*, 52, 33-44. (in Greek)
- [42] Karamavrou, S., **Mouratidou, K.**, Vlachopoulos, S., & Christofidi, Ch. (2004). The representation of the moral maturity level through the stage' preference: A comparative study in high education level. *Αθλητική Ψυχολογία*, 15, 47-60. (in Greek)
- [43] **Mouratidou, K.**, Chatzopoulos, D., Goutza, St., & Kramavrou, S. (2003). Validity Study of the Greek Version of Linds' Moral Judgment Test (MJT). *Φυσική Αγωγή και Αθλητισμός*, 50, 47-59. (in Greek)

- [44] **Mouratidou, K.**, Anastasiou, A., Mouratidou, A., & Mouratidis, I. (2003). Dance as a basic cultural element and as a mode of education in ancient Greece. *Studies in Physical Culture and Tourism*, 10(2), 29-36.
- [45] **Mouratidou, K. (2001)**. Dance therapy's contribution to restore body image by ex-toxic dependent persons. *Φυσική Αγωγή και Αθλητισμός*, 45, 23-29. (in Greek)
- [46] **Mouratidou, K. (1997)**. Dancetherapeutic elements in Ancient and Modern Greece. *Άθληση & Κοινωνία*, 18, 65-72. (in Greek)
- [47] **Mouratidou, K. (1997)**. Dance as a modern alternative method of physical and mental illnesses's treatment - Observation and analysis of movement in dance therapy. *Φυσική Αγωγή και Αθλητισμός*, 39, 27-36. (in Greek)
- [48] **Mouratidou, K. (1995)**. Der Tanz Tsakonikos und seine therapeutische Anwendungsmöglichkeiten. *Musik-, Tanz- und Kunsttherapie*, 2, 72-77.